



7 April 2020

Dear Parents and Guardians in Years 7-13

Re: Online Secondary Counseling Supports during Home Base Learning

Secondary students will still have access to counseling during home-based learning via Google Hangouts. It is important to inform both students and parents/guardians that counseling supports will function via students making appointments with Ms Fisher or Ms Stewart for a time to meet via Google Hangouts. These will still be confidential meetings and students' information will not be shared, apart from safety or bigger concerns where parents will be contacted to help support their child through larger or more serious safety concerns.

Please follow the expectations for online behaviors/attire to ensure there are no Child Protection concerns. Google Hangout meetings are not to be recorded to ensure privacy and confidentiality. If primary student concerns arise, Ms Stewart and Ms Saunders are available to speak with parents via Google Hangout.

This is a reminder that school counseling is brief, short term counseling that can support students' smaller concerns. If more ongoing support is needed or if there is a bigger concern, outside counseling may be recommended and referrals can be provided. During our time of home learning, if outside referrals are needed there are excellent online counseling providers, such as the Truman Group which can be found here: <https://truman-group.com/>

If parents or students would like to make a virtual appointment with Ms Fisher, you can easily book a 30-minute slot with her. To book a 30-minute Google Hangout meeting with Ms Fisher please [schedule and set up a meeting here](#). If parents would like to schedule time with Ms. Stewart or Ms. Saunders, please email them directly.

The counseling department at both campuses are also setting up a website that will house resources for students and parents that will open shortly. Please look out for these resources next week.

If you have any questions or concerns or are in need of supports, please contact us via email.

Shira Fisher (Secondary BT Counselor) sfisher@chatsworth.com.sg

Franny Stewart (BT Counselor) fstewart@chatsworth.com.sg

Claudia Saunders (Orchard Counselor) csaunders@chatsworth.com.sg

Warm regards,
Shira Fisher
Head of Student Services
Secondary Counselor